COMPLAINT
(Initial Exam, Daily Note, Follow Up/Final Exam)
Complaint \#_
Please place $\overline{\text { an }} X$ on one part of the body where you are experiencing pain or discomfort and list your complaints in the order of severity. (If you do not see your complaint on the picture, please list the complaint on the Other line.

Please grade pain $0-10$ ( 10 is the highest) $\boldsymbol{0}$ (1) $\boldsymbol{0}$ (3) $\boldsymbol{4}$


Other: $\qquad$


This complaint came on:
It is getting:
The intensity of this complaint is:
The frequency of this complaint is: $\quad$ Intermittent
The pain is:

The pain is located on:

- Immediately
$\square$ Staying the same $\quad$ Getting Worse
$\square$ Moderate $\quad \square$ Severe
$\square$ Frequent $\quad$ Constant
$\square$ Sharp $\quad$ Aching
$\square$ Spasm $\square$ Throbbing
$\square$ Spasm $\quad \square$ Tingling
$\square$ Right side $\quad \square$ Both sides

Actions effecting this complaint: With respect to the complaint you have listed above, please consider the actions below that might bring on, aggravate, or relieve that particular problem and mark the correct fields accordingly.

| Morning | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| :--- | :--- | :--- | :--- |
| Afternoon | $\square$ Brings On | $\square$ Relieves |  |
| Cold | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Heat | $\square$ Brings On | $\square$ Relieves |  |
| Medication | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Resting | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Straining | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Standing | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Sitting | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Lying down | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Bending forward | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Bending back | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Bending left | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Twisting left | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Twisting right | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Lifting | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Coughing | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |
| Sneezing | $\square$ Brings On | $\square$ Aggravates | $\square$ Relieves |

